What's News @ Rhode Island College

Rhode Island College

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It's National Higher Education Week this week and Rhode Island College is doing its part to promote the theme of "Mindpower."

Mindpower bumper stickers (bottom of page) have been made up and are being distributed widely; RIC's annual Homecoming started the week (Oct. 2-9) with a variety of events for alumni, students, faculty and staff on Saturday;

President David E. Sweet appeared on Channel 12 TV's "Aera 12" talk show on Sunday along with the presidents of the University of Rhode Island and the Community College of Rhode Island to discuss "Higher Education and the Economy;"

And the college will take due note of two of its former scholarly faculty members who died in 1981 with the dedication of the Martha Bacon-Ronald Ballinger Reading Room in the James P. Adams Library on Wednesday.

Thursday, an alumni art exhibition will open, and the RIC Theatre production of "Gemini" will run from Oct. 7 to 11.

Nationally, the week, also referred to as "Mindpower Week," got its televised kick-off last Saturday with the NCAA calling attention to the week in its half-time public service announcements.

On campus football fields throughout the country, kick-offs were marked by special announcements, half-time band routines, balloons and stickers.

Yesterday (Sunday) was Mindpower Day at the 1982 World's Fair in Knoxville, Tenn. The University of Tennessee and other local institutions sponsored special festivities in Knoxville to call attention to the Mindpower message.

Today, Newsweek is to sponsor a corporate colloquy involving top corporate executive officers, college presidents and others. The colloquy will focus on strengthening the relationships between education and business and industry.

The edited proceedings will be made available at a cost of $25. The university and the Colloquium of the National Governors Association have agreed to publish a book after the colloquium. Proceeds from the book will be used to help support the Mindpower activities.

Professors will have their day on Thursday when the national 1982 Professor of the Year will deliver a public lecture at the Smithsonian in Washington, D.C.

Friday's focus will be on corporate support for higher education, and Saturday, (continued on page 4)
Rhode Island College seniors who wish to pursue graduate study in the humanities are encouraged to apply to the Mellon Fellowship program.

Approximately 100 fellowships are given annually for students with outstanding scholastic records and interest in college or university teaching and research preparation for careers in the humanities. Kenneth F. Lewalski, professor of history, is campus representative for the Mellon Fellowships at RIC.

Nominations can be made by any member of the faculty, said Lewalski, who added that it is important that faculty members act as sponsors and identify students who are eligible and interested. Students who have already received a graduate stipend should contact Dr. Lewalski or a faculty member who knows them well for close consideration about their application for a Mellon fellowship.

An informational meeting will be held on Oct. 12 at 1 p.m. in the Faculty Center Conference Room. Faculty members who are planning to nominate and students who wish to apply are urged to attend.

To film Econ Ed Center

A professional film crew will be shooting footage at the Center for Economic Education in Alger Hall today for a promotional film to be used nationally in fund raising.

The film will focus on the S.E.L. Project, which is designed to improve the problem-solving weaknesses of Laboratory Experiences at RIC, and its contribution to the S.E.L. Project which is aimed at broadening the educational opportunity for students enrolled in departmental student representatives. Two students will be elected as representatives of the majors and two students will be elected to represent undergraduate students enrolled in departmental courses.

The reception will precede the presentation of philosophy and foundations of educational opportunity for students enrolled in departmental student representatives. Two students will be elected as representatives of the majors and two students will be elected to represent undergraduate students enrolled in departmental courses.

Beckham's presentation will highlight the basic concerns of the black school student making the move to college and, importantly, how to help facilitate a successful college experience for black students.

Visit Wellness Wagon

Rhode Island Department of Health's Wellness Wagon, which offers you the opportunity to complete a two-page health survey and to complete a questionnaire, will be on the RIC campus Tuesday, Oct. 5, from 10 a.m. to 3 p.m.

The health analysis will take about 10 minutes. It will help identify health risks such as smoking, poor diet, stress and inadequate exercise.

Each person who passes through the wagon will be given a computer printout assessing his/her health strengths and weaknesses. The printout will also list patients who are available to help you learn how to reduce your identified health risks.

The Center for the Person Health will be present to answer questions.

The wagon will be located in front of Adams Library. It is being sponsored by the Office of Health Promotion.

To stage 'Gemini'

The Rhode Island College Theatre will mount its first full-scale production of the season Oct. 7 to 10, with Albert Innauer as director.

Adeban noted that most states have expanded their testing to focus on the critical needs of students.

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He keeps athletes in condition

By Arline Aisios Fleming

The gangly basketball player scrambles for a basket. He's surrounded by the opposition. One try to block his attempt to score. He slips and falls into the player going up to shoot. The thrust knocks him to the floor. The crowd gasps as he writhes in pain clutching his knee.

At this point in the athletic exchange, several people would rush to the injured player's aid, but the most important person—if a doctor wasn't on hand—would be Greg Perkins, athletic trainer.

By the time the trainer runs from the bench to the floor, he has already come up with a fair appraisal of the situation in his head. At Rhode Island College, the thinking individual is Gregory Perkins.

When Perkins sits down to enjoy a Celtics game, he inevitably sees the action differently from the rest of us. "I'm looking at potential injuries," he said, rather than merely admiring the style of Larry Bird.

Greg has been athletic trainer at RIC for the past year and is facing his second season with renewed vigor, using his first year of experience as comparable territory. Last year, he was in attendance at every single soccer game and appeared as often as possible at a number of other games. But part of his job also requires preparing student trainers to be present when he has a conflict. One way or another, he sees a lot of athletes for potential injuries. "I try to cover most major contact sports myself. The biggest worries are in the bigger sports," he said.

"Should an injury occur, no matter what the sport, Greg says. "I try to evaluate it right there. But I cannot diagnose. I'm not a doctor." So what he does is to make recommendations, preferably to sports medicine doctors. From there, the athlete is rehabilitated to the point where he or she can again participate in the sport. Greg might step in again at this point with a therapy program. "But first you have to get rid of the hurt," he said. "You have to treat the symptoms."

This could mean strengthening a particular area through a series of exercises. "You need a good knowledge of anatomy," he said. "You almost have to have X-ray eyes to see beyond the skin." Some of the reasons why an athlete might face an injury are poor field conditions, fluid depletion, a lack of pre-season conditioning, improper coaching and poor equipment. Also, some athletes are just not prepared for a particular level of competition and are "outteaching their own performance level," he said. Given the number of encounters athletes face in the collegiate sports arena, it seems that an athletic trainer is as vital to a basketball team as sneakers.

"A full-time, professionally trained physical therapist (trainer), is an absolute staff requirement today," said William Baird, director of athletics at RIC. "The opportunities that are presented by the continued growth of intercollegiate athletics and competition have increased the incidence of injury for student athletes in direct ratio to the number of programs and participants."

"The increased level of skill and the sophistication of performances has made the need for a physical therapist quite evident," Baird said.

"In addition, the concern for legal liability and the complexities of rehabilitation have developed the sports medicine field to the point that coaches, per se, are no longer qualified to look to the needs of today's athletes on not only the intercollegiate level, but on all levels of athletic competition," Baird said.

Greg recommends that all potential athletes have a good physical examination before stepping out to compete. "This can decrease injuries merely because of the fact that they are conditioned. If they are not conditioned, their connective tissue is not stretched out," he said.

An athlete himself, Greg has played soccer and participated in gymnastics and track at a college level as well. He occasionally runs for fitness, but doesn't recommend a steady diet of it. "Running is not the best thing for your body," he said, pointing out the constant pounding on the legs it brings about. Greg recommends a variety of sports to keep in condition, among them swimming and bicycle riding. But if running is your new thing, he suggests building up to it gradually to "avoid injuries."

Greg comes to RIC from the University of Rhode Island where he graduated in 1979. He earned his masters degree from the University of Virginia, taught at the Virginia Military Academy as well as at a high school in Charlottesville, VA. He is a Warwick resident.

Lecture series to address war and peace

Rhode Island College's History Department will feature a series of informal talks on campus on the issues of peace and war. The series of presentations and discussions on contemporary concerns will be held in Gage 207, History Lounge, every Wednesday at noon beginning Oct. 13 when Dr. David S. Thomas, associate professor of history, will chair a panel discussion on "The Israeli Invasion of Lebanon."

Other dates, topics and speakers planned are: Oct. 20, "Haiti and the Dominican Republic" with the Rev. Normand Demers; Oct. 27, "Cuba and Present Day Latin American Policy" with the Rev. R. Tetrault; Nov. 3, "New Forces in European Politics" with Dr. Herbert R. Winter, professor of political science.

Also, Nov. 10, "History as a Key to the Professions" with a number of the history faculty: Nov. 15, "D-Day Memories" with Norman H. Cooke, associate professor of history; Nov. 24, "Hiroshima, 1945" with Dr. Armand I. Patrucco, professor of history.

Also, Dec. 1, "Nuclear Survival from a Medical Viewpoint" with Dr. Charles Millard, president of the Rhode Island Medical Society; Dec. 8, "Nuclear Weapons: A Moral Perspective" with Dr. William Stringfellow, a moral theologian and peace activist in the 1960s; and Dec. 15, "P.D.R. and Pearl Harbor" with Dr. Carmela E. Santoro, professor of history.

The colloquium is free and open to the public.
Rhode Island College Speakers Bureau

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Advancement and Support, noted that the college has for years provided a speakers service from the ranks of faculty and staff to lecturers and community groups without charge. The current list of speakers and topics, as outlined in a 28-page brochure, is more comprehensive than ever. RIC, through the speakers bureau, offers a point of view for just about any interest or need. Topics include group dynamics, primitive art and even kites and kite building. In addition to the faculty and staff listed, the brochure notes that President David E. Sweet and Dr. Willard F. Enteman, provost and vice president for special affairs, are also available to speak about higher education and Rhode Island College. The speakers bureau, supported by RIC, will supply speakers to any club, group or organizations both in the state and surrounding area.

Any group requesting a speaker should submit its request three to four weeks in advance of the college's Office of Advancement and Support, 600 Mt. Pleasant Avenue, Providence, R.I. 02908.

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Census being taken at RIC

The 1983 student census, slated for November, is now in the planning stage and Dr. Lenore A. DeLucia, director of Institutional Research and Planning, is calling for suggestions by the executive officers, deans, department chairs and directors. The census is designed to provide the college with information on the demographic characteristics of Rhode Island College's students and their opinions regarding existing and proposed programs, facilities and services. Dr. De Luca assures that it is important that members of the college community have input into the content of the survey.

She asks that if there are particular items from the list which your group or staff think should be repeated, or there are new issues which you feel should be addressed, that you contact her by Oct. 29 with questions written out in such manner so as to insure they will be addressed.

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Mindpower

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national convention will take place at the Jefferson Memorial in Washington. This observance of the National Higher Education Week will feature a national academic convention and presentation of the Eisenhower Medal to a distinguished alumna who has made extraordinary contributions to American society.

CASE reports that the national print and broadcast media are supporting the Mindpower campaign. In 1981, America's leading national magazines contributed $1 million in advertising space; ABC, CBS and NBC as well as other broadcast media contributed $3 million worth of air time, and more.

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message reached some 70 million people last year.

Their goal this year is to reach 100 million.

Alumni Show

A juried alumni show will be exhibited at Rhode Island College's Bannister Gallery, Oct. 7 to 29. The various media was judged by Harvey Goldman, a professor at Simmons College, and independent graduate, Mary Jo Stotler, chairman of the Bridgewater State College Art Department, and Stephen Smalley, chairman of the Massachusetts College of Art Department.

The opening will be held on Thursday, Oct. 7, from 7 to 9 p.m., in the gallery. It is open to all.

Gallery hours are Monday through Friday, 11 a.m. to 4 p.m. and Sundays, 1 to 4 p.m. The gallery is closed on Saturday.