5-3-2011

Title Killer Was Here

Elizabeth Trimbach

Follow this and additional works at: https://digitalcommons.ric.edu/etd

Part of the English Language and Literature Commons

Recommended Citation
Trimbach, Elizabeth, "Title Killer Was Here" (2011). Master's Theses, Dissertations, Graduate Research and Major Papers Overview. 42.
https://digitalcommons.ric.edu/etd/42

This Thesis is brought to you for free and open access by the Master's Theses, Dissertations, Graduate Research and Major Papers at Digital Commons @ RIC. It has been accepted for inclusion in Master's Theses, Dissertations, Graduate Research and Major Papers Overview by an authorized administrator of Digital Commons @ RIC. For more information, please contact digitalcommons@ric.edu.
TITLE KILLER WAS HERE

POEMS

by Elizabeth Trimbach

A Thesis Submitted in Partial Fulfillment of the Requirements for the Master of Arts in The Department of English The School of Arts and Sciences Rhode Island College 2011
CONTENTS

I
Late for Dinner  2
Singing  3
Scene  4
A Mirage in Winter  5
Husband,  6
Begin  7
Everything is Normal  8
Workshop  9

II
Heredity 11
February, March  12
When He Says He Still Loves You  13
Red Suede Boots  14
A Dream Before Thanksgiving  16
Who Can Believe?  17
Life’s Emergency  18
III

Vignettes (Is this a fitting title?) 21
Alchemy 22
Morning Night Future 23
Surfaces 24
The Drinks are on the Table 25
Cento 26
This Time 28

IV

Initially 30
Ego 31

Negation of a Poem, or What You Don’t Want Is 32
I’d Like an Everything 33
Do Not Enter into Self-Criticism 34
Dark Winter 35
Title Killer Was Here 38

Stopped at a Red Light on the Overpass in the Rain,
Looking Down 39
Late for Dinner

I turn up the steep hill toward home.
I’m late.
Late for dinner,
with what I’m supposed to bring,
late for everything.

Azaleas are thick with color:
I’m strangled by fuchsia,
not ready for spring.

There’s that peeling three-story on the left
with a faded skeleton in the front window
from Halloween, six months ago.

I arrive in my driveway
where the white lilacs
just begin to flower

and my husband
is at the door;
he and the children
have got the dinner on,
the pasta and clams.
I’m bent over my notebook,
writing with a hard hook
toward the highway
the long summer road to ocean,
where I am.
Singing

her singing were not enough
and not at all fly

bringing the mountain to the house
dishrag teabag
Showtime and glory
she runs circles around the bones
of her

take a train to the city the city
blue chunk of sky slamming at the windows
of the apartment buildings

she doesn't know what this will mean
to the children
their faces like

she's off on a tear he says it
to her often

and not enough
bringing the house to the mountain
dishrag teabag
drowning in Story

What will this mean for the rest of us? They said it
not enough
the children
the children are singing
their faces like

Scene

Broad shadows sink into the river
broken by rectangles
of windowed light.

Ducks swim toward deep
structures of stacked ice and debris,
gulls hang above watching
for a different sharpness.

The reflection comes clear—
a whole set of buildings glistens
and wavers. A gull dives
after silver.

Trees bend over the windows in water,
reach with pithy nubs,
clouds cover the sky, a city is gone.
A Mirage in Winter

It’s dull
and I try to be glad,
stretch out
on the not sharp edge of it,
let my head grow an afghan.

Outside air — a gray swath that steams
the window with wool.
Thick mittens cover the sill.

Smells of wet fleece and chicken cooking
transmute my rages.
Like roses, they blossom quietly.

I eat a leg,
a plate of hot noodles
with lime juice.
A glass of wine
warps in my hand.

You sit across from me, cracking pistachios.
The dog has sores on her elbows from too much lying down.

I feel them gather behind me—the poisonous fragrances.

Her seal head
prods my palm; yes,
I must look
at the glimmers at the edge,
the vapors that sharpen into form.

_Husband,_

I eat the eggs and bacon you have made me.
The bacon is too greasily, too scandalously delicious to have not involved killing.
I eat, am living.

All this time
I’ve lived with you.
And now your orange T-shirt against my cheek.
I hold onto you.
My hand slides up,
glides over the hair on your arm
which is like a field of grasshopper wings.

My lips drawn uphill to your lips,
behind our closed eyes
clouds of grasshoppers rise.

Begin

I dreamed I would buy you
the headphones and your
father was there and something
swiveling overhead.

In the background a warm golden
spiky in the center
but all warmth and laughing
around it.
We always wondered what would happen and

Try not to be in a hallway, a grand tall hall; be often open and just entering.

A console with red roses in a vase and pictures in frames before a mirror – I never had one of those.

Collapse praise in the face – seven years bad or 27 or something. It was

a hard callous. News at night, we thrilled at not being them,

bad anyway, til sounds are written, escape the black tile, whethering whethering.

Everything is Normal

I lie down on my new lawn, think of nothing but how green it is and lush and comfortable to lie down on. Green
like a river. Green
like a girl's eyes,
staggering green like an immense forest.
18,000 dead in Bhopal,
another 100,000 sick.

Bug-free, weed-free, odor-free!
For $800 and it's only the beginning
of a lifetime of care.

The heavy gases urged by wind remained
close to the ground
killing the smallest first.

A siren sounded and was turned off.
Within a few days all the leaves
turned yellow and fell.

2,000 buffalo, goats and other
animals. Groundwater still contaminated,
a warm breeze passes over me where I lie.
Everything is normal; this is no
death by negligence.

Workshop
I wrote a surreal poem and submitted it to workshop.

*Brushmarks of injury, really? Cold lingerie? A sea pouring into the oven?*

And the two plain-speak poet advisors ripped it a new asshole (because it had one of course).

And I know if John Ashbery had been there he would have reminded them that they know nothing; and they would have cried and I would have sat on his knee and they would have blubbered.

And then we would have gone outside to sit on the green green grass of the campus, my hairy, little poem licking itself with relish under the ram’s head fountains;

everyone would have laughed in the tremendous sun, drunk streaming wine and eaten lacustrine ice cream,

except for them; they would have stayed inside drying their eyes, babbling about clarity, finesse, cleanliness.

All around us sing and bling the bright-feathered birds that gossip, offend, cheerily chuck rocks at teacups, brace against newspaper uniform,
follow the thin bloodlines of cracks, an ocean into an oven and out again, until the end.

II
Heredity

At this point in an action
into this place
in which two opposite qualities
are combined,

beginning a bold or unpleasant
willful and persistent –
an animal of solitary habits, a baptized member.
Passing a person in charge of a herd,
holding title, progressing
in a fitful or jerky manner,
an individual, also called
brigantine.

Interpretative, identified with Mercury,
offering a toast or existence
after death.
Here is your paycheck,
along with this,
often containing raisins or nuts.
February, March

You never know; she might
scream “Fuck you!” and slam her door
or she might text me, “Love you, too,”
even taking the time to write out
the words.

And I find myself saying a lot,
“She’s just tired,” because I don’t know
what she is. I’ll wait for her
in the car, the moon full,
sharp at its edge – curved knife slicing dark muscle,
but murky in the center – a winter pond begun to melt.

At this point, the ground’s thrown
off the dying snow –
a mass of sticks and wet dirt murmurs –
I feel the taste rise,
a small sour sadness
like the last barnacles of dirty ice
clinging to curbs.

She’s broken up with her boyfriend –
I drop her off at school and
there he is.
“I hate my life,” she says. Her knee knocks the ashtray as she gets out, spilling pennies, nickels, dimes.

She seems to flit past him, I can’t tell if she says hello as she goes away from us.

I bend, begin to scoop the change.

When He Says He Still Loves You

Try to avoid those morning ladders and ladders of good intentions,

when a crescent of white light breaks in at one edge of the shade like undershirt poking through an open fly,

those soft-boiled egg ideas, halved on a plate, of maybe he’s changed, and I should try harder,

for climbing exhausts, and all that you could have done instead piles in the corners eviscerated and lost as the dust.
Red Suede Boots

Red, up-to-the-knee, suede boots,  
heels quarter-inch thick, four inches long. After yoga class  
she slipped them on.

In yoga, we step out of conditioned past.

Sa ta na ma;  
working mind attends  
to what needs to be done. Thinking mind  
thinks about something else.

(That time I was at the beach writing in my journal  
“I just want a glass of wine and sex” and two seconds  
later this young guy walked up and made a pass at me.  
No wonder people think the universe is listening to them.)

Sa ta na ma;
avoid getting caught in thoughts, be
where you are, feet on the mat, mouth open. Lion's breath.

Sa ta na ma;
A room full of people breathing
in one nostril and
out the other. Soft lights of candles and a gas fire
in the stone fireplace. It's dark outside and nineteen degrees.

Balanced on sacra, bend our bodies in half so top and bottom are both
forty-five degrees from floor, then sixty degrees. Breathe. For five minutes. Like
eight hours of exercise. Like fish jerking
their way back to water.

Step out of conditioned past, feet on the mat.

Sa ta na ma;
we roll up our mats, hers spills out on the floor
in front of me – the beautiful, shining floor. The teacher
embraces a lone student squatting.

Sa ta na ma;
she pulls the red boots on over tight leggings,
steps easily over broken sidewalk.
Like that time at the beach – a mixture of horror and joy, the sight
of a mountain goat leaping from rock to rock at cliff's edge, a young man
with a glass of wine in hand saying, “this is so awkward, but...”
A Dream Before Thanksgiving

A killer has resurfaced and is after my mother.
Dark evergreens cluster at the corners of houses.

Suddenly I want to have sex with my ex.
Later, I change my mind and regret not acting faster.

My mother and I are in a room with huge windows of amber leaded glass in the shape of a castle.
I think that I once lived here.
My seventeen-year-old daughter appears as a ten-year-old, gives me a hug and says, “Happy Halloween!” I say, “Why are you so little?” My ex says, “It’s your Christmas present.” She skips away down the stairs; I lean against the wall, weeping.

Who Can Believe?

When you looked at me— I don’t remember,
but a wish to be broken like an egg yolk, and some days,
the orderly rows of the neighbor’s red tulips
could incite me to murder.

I get through it—
the blue waking,
the triathlon,
the feast,
the sleeping dog,
the hunkered garage.

And I dream the dreams
that are only saying of themselves,
*Who can believe these dreams will end?*

*Won’t there be a place,*
*a field deepening with flower*
*upon purple flower?*

*Won’t there be gold-green leaves,*
*a forever sky,*
*and you?*

---

*Life’s Emergency*

One day the wind was so strong the seagulls flapping their wings
stayed in one spot above the shore.
Despite what EHarmony says, common interests do not create chemistry.

She broke up with her boyfriend and took him back
and broke up with him again
just like I did with her dad.

You can’t find an evolutionary explanation for everything.

I live on Walton Street and I really hate the Waltons
but when I was a young girl I was in love with Johnboy.

My little dog hates all dogs that are bigger than him.

The grass is always the grass and is deserving of reverence
because it is so.

Are they the same Waltons who own WalMart?

A skateboarder swept back and forth down the street
like a beautiful catfish
feeding on the sparkling blacktop.

Some patriots tried to mob William Stafford because he was so damn peaceful
it was unbearable.

My daughter and I get along much better when we’re texting.

There may not really be such a thing as a soul, nor, therefore, as a soul mate.

A huge cat sat one morning on the frozen water in the pool.

Two brothers were shot six blocks from here in another world
called the projects.

Beluga whales, seeming to smile at humans through thick glass,
make everything better.
There is only one male atheist on Match.com.

Suicide prevention could be a full-time job.

Two trees are dead in front of the house for sale across the street
and without even noticing that fact
I planted two new ones in front of mine.

Again, this ability to love to live emerges green and urgent.
III
Vignettes
(Is this a fitting title?)

I found a dime on the ground and I thought of it falling from a great height like an airplane, its light flat circling against the air, its sure steady drop through the arms of gravity onto this sidewalk where children consider it great good fortune.
(Fortune = luck, fate, or wealth)

What is it to see something to see through something to see the thing you are looking through? Transparency is never.
(Who is speaking?)

The remains of snow lie frozen, sprinkled with filth, like piles of bones. Bare trees look like they’re upside down with their roots exposed. I look at this through my car window. I ain’t no Robert Frost. Someone should cover this shit up.
(What is the narrator railing against?)

A drunk woman in a British sitcom staggered into a telephone booth, pulled down her knickers and squatted. And I wondered do they still have telephone booths in Britain?
(Funny? Self-indulgent?)
What is it to see?
(See = to perceive, to view, to recognize, to learn, to visit)

Alchemy

Two things broke – a lightbulb
and a coaster: rigor and system – outer world.
She drank one beer and acted foolishly: inward
search of romantics. Kissed beside the car.
Glittering, extravagant snow floats down onto and between
houses like radiolaria: external ice, romantic myth.
Amidst five-foot stacks of snow, she walks the dog in the street,
talks on the cell phone. Outward objective: overcome
contradictions of universe. “I thought I really
liked him.” Every day 38.5 million people act foolishly.
Confounded by cavernous snowbanks, the dog
pees right on her foot. The artist
embraces opposites, married within a vessel:
button-down smooth as silica, broken glass.
Morning Night Future

Absence is here  
Here begins  
Now

Now I find  
Window shapes  
Separate

Separately eat things  
Move on  
Away

* 

Away sleep slips  
Oh laughter—  
Television

Television the new  
Dreamer on
Space

Spaced carefully apart
Times to
Dimmer

*

Dim light morning
Could snow
Again

Again will wake
Wander brake
Now

Now begins here
Here is
Absence

Surfaces

1. Sitting in the Zen Center, focused
   on the door, on one door,
   focusing on a door, waiting. On the wall,
   “Before the ancient Buddha appeared
   one thing was already perfectly clear.”

2. Eye on the smooth bark of a birch,
   where the river’s reflection
   flickers, a dark heron gliding down.

3. After pouring rain all night,
   cattails, full like sponges, bobbing,
   the willow’s ropes
of leaves drag the skin of the water.

4. At home, the wiping of the afternoon table, sorting of mail, lotus green tea bag in a cup, blood hum above the bone. Just a turn, slight. Just a slight turn and clear water rushing into the kettle.

The Drinks are on the Table

A nod
of
a duration simply declarative also but with only judicious derring-do.

A glass with ice snaring air someone
said it’s over

air in thunk.

Clarity– a definite voice with indefinite air around it and only eyes that return return to bases.

Spilling on the table it’s liquid voration eroding varnish it’s only a partial levitating open wide my air

no velocity none.

Return return to curve slip air
slipairslip slip return to curve.

_Cento_

the telephone rings the mailbox is empty
the fear that one is dreaming much as it was ten years ago fifteen
I find myself thinking
eternally buzzing over the time
active roll resisting
distance was by now
like memory
a small anchovy gleam
a fin a stroke
swim into the shaded
limitless like listless

I wanted everything changed
not meet you or make you certainly not figure you out
pale houses pairs of junipers
winter butter
granite darkened by rain
so many listen lost
crying because empty
the ball of the heart’s expectation
slows as sense descends
I only hope you can hear that

simple and ruinous hunger
when teeth emerge
what is except so defined
huge pine a quarter mile off
still and hidden
in a larger darkness
in the murky distance
loneliness as reckless

if a small tear swells the corner of one eye
crying because lost
all the way down to the snow
exhaling on second thought
on evergreens and ferns
no regret for his choices
in the murkiness

clustered berries at dusk
crying because lost
tall grass prairie
exhaling on second thought
the invention of hunger

a shadow opened then folded
to what also is moody and alters
attention hands

unable to live in it
to stand next to be there with
watching man die

believing was eating day by day
I am hungry let me eat
peripheral in pain unnoticed
the torn cushions
charmed verges of

will arrive too late or ruined by water

presence

quicker than you think come apart

a great if different pleasure
vanish/flare
This Time

In the TV show “Lost,” time was a string
and folks could go back and see themselves
as babies or young women and men.
I wish you would come back and find me.

If folks could go back and see themselves
(what the fingertips love is the reaching),
I would wish you’d come back and find me
back and forth in the sun swinging,

What the fingertips love is the reaching
more than the actual touch.
Back and forth in the sun swinging
through to the light and down into night.

More than the actual touch
it’s being moved somewhere like waves by the moon,
through to the light and down into night
where memory is at peace with the present.

It’s being moved like waves by the moon,
allowing a song to sing you,
where memory’s at peace with the present,
there’s nothing to shame or undo.

All day we’re losing
the babies, young women and men,
but this time, I've come to find you
not lost but here on this string.
Initially

It's just awful

for instance
in the middle of the kitchen
burning

or the brown ring under
the shampoo bottle in the bathroom
greasy like lipstick.

For instance, what has happened
to me? Am I cured
or at a new level of derangement?

But that never happens.
The hope is that in the morning.

At 4 in the morning every thought
is a decision.

Imagine the stars are new and anxious.
A fear of being stupid
only moves things
around. The air gets pushed
out of the way.

It's nice to talk on the phone
clear as day
initially.

Ego

the problem is that you wanna kick ass –
is it a problem of ego?
wanting all eyes on you and not admitting?
Obama? Moses? a sardine?

out of the blue
she started to hate you

moments of brilliant blue happy
and so is everyone around it

the dog stretches his bird wing and out of it
blue
wanting all I's
just realize everyone likes flow and feng shui
and the blue lit-up numbers –
little pods of potential contact
   of having a say
and also they
are shaped like eggs

or is the biggest problem the cost?
   the dangling holiday
before a suicide.

---

_negation of a poem, or what you don’t want is_

what you don’t want is
not enough

to not have what you want
what you don’t want is

someone else’s valley
and above that valley

a cloud
outside the cloud a frenetic
hummingbird or four
nor fat fleas
leaping onto the back
of a possum
around the valley
and back a hole
deep where you
cannot lie or guess
your zero firepits
your zero ponds
or guess the demons
going out of the valley
to eliminate
Demon minus Demon minus

(a negation of the poem, “What I Want Is,” by C. G. Hanzlicek)

I’d Like an Everything

Sometimes I lose the whole thing in Starbucks,
Seven Stars or Stars & Donuts – ok, I made that one up.

When one considers, one places next to stars.
Over a cup of coffee is a good place to consider.

What is art? A mechanic’s eye boldly stroked
in blue, black, yellow and red.
A charcoal cricket – the light on its wings
is absence of charcoal.

Steam from cups rises to the ceiling.

Outside the window
a starling bounces on a stalk
in the emptying garden.

I lose it all – a blanket dissolve –
heavy china set down on metal tables,
the soft fabric of old chairs.

Just coffee
or, an everything.

Everything.
Everything.

Do Not Enter into Self-Criticism
said the guru. On the front porch,
I slide a scraper under
layers of paint – green beneath white beneath blue. *First event.*

The neighbor lady – don’t you want to
love her like a little baby, curl up
under her coffee cup, her large
flab arm?

Or go to the seashore to attain clarity
in times of crisis? *Second event.*
*What are you going to believe about yourself?*

*Beginning, middle and end – in between
there is silence,
space between.*

She calls her cat, Lily, Lily.

The top layer is the thinnest; it
peels like sunburned skin. *Third event.*

*For when you do, you tear your own
heart.*

Heavy sediments of limestone
and shale, explained
as ancient.
Dark Winter

What else can we do? Moving
forward at full speed, prepare
for the worst,
respond
to a mass-casualty
event; the good news—
enough small pox vaccine to inoculate
all Americans; these dramatic
steps
may not protect
from mailed envelopes, high anxiety.
Not even an actual event
is needed,
just a simple hoax—
what the world watches.
We still haven’t learned—
who’ve survived attacks, experiments.
You only have one face. We’re no longer
different from
the rest of the world.

And only one chance. He holds
a bony hand. Too terrible to hear.
He has lost
forty pounds. Attractive,
fit, she could still wear a bikini.
The middle-aged Russian
brothers with minds of infants— of course 
your head has to match your body;
this is very important.

Propped on a cushion against 
the wall of poison gas attacks, 
frogs and birds were lying dead 
all over the ground. *We had no 
gas masks.* The entire 
right side of her face dissected 
away from her skull. Gravity 
is indomitable. Rumors 
it had been anthrax. *Our son 
had spent the night. The people 
in the morgue refused to dress the body.* 
Deliberately,

aware of the extraordinary power 
of his gloved hands, 
he began cutting.

Fetuses in jars in Kazakhstan— there 
are no skulls, no brains 
behind their faces. 
Face is identity.

A nuclear bomb test had gone 
off 100 miles upwind. He was three, 
sitting on his father’s knee; 
together they watched.
When you get a lemon
you take it back.
Did it come from drinking
too much soda pop? The minute
a government crosses the threshold—

he lifted it this way and that—
the United States finally acknowledged
that it made others sick—
himself partly an artist.

The vision of looking,
it has to start lying.
Some of them want to look better.

A society obsessed with age—
life should hold more excitement.
No cure for the damage, hibakusha,
agent orange, Geiger
counters going click, click, click.

Botox injections showed more
dramatic increases.
Don’t let them bother you.
What a plastic surgeon can accomplish—
acquaintances could lurk—
a real Dark Winter is not
about to descend.
(a found poem from 3 news articles)

Title Killer Was Here

Without direction or instruction –
open on the floor –

white pants
and jacket.

After a number of years,
recovered –
the lost crown.

See if you can turn it around.
Twin River – beaten, left for dead.

Three daughters all
killed in their home
in Gaza
which he will never leave.
Dogs run right under
the wheels defending.

Scalene is unequal.
Jaylene is a girl’s name. I can’t remember
what’s in this box.

Stopped at a Red Light on the Overpass in the Rain,
Looking Down

All these cars
burst from a forest of mist
and surge down
the highway like cut timber on a river—
a matting that could hold us under
until we drowned.

Naively, I think
I will never drown.
I’ll grow sleek fins
and a fat buttery tail;
I’ll take all
the water heaven has
to offer.

The light turns green,
creates a brilliant gouache on the wet road.
Slowly, propelled through smoke and steam,
we roll forward
in the rain,
in the world.